






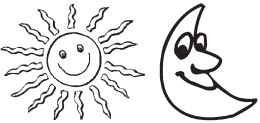
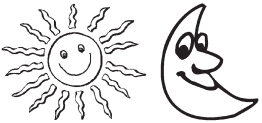


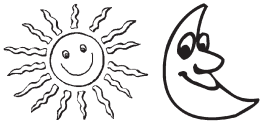













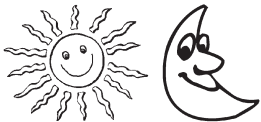






**BRUSHING CHART**

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 	Saturday 	Sunday 
Monday 	Tuesday 	Wednesday 	Thursday 	Friday 	Saturday 	Sunday 
Monday 	Tuesday 	Wednesday 	Thursday 	Friday 	Saturday 	Sunday 
Monday 	Tuesday 	Wednesday 	Thursday 	Friday 	Saturday 	Sunday 

**Colour in the mornings and nights that you have brushed**